



The Cancer Support Community Orlando Health Temporary Calendar

All in-person classes and events for the Orlando Health Cancer Support Community have been suspended temporarily due to the necessity of social distancing. Our Support Services are available via telephone and web-based programming. We hope to have our regularly scheduled classes starting in June- we will be in touch as soon as we have any updates.

How to Participate

We are using telephone conference lines for our licensed mental health professionals to lead our support groups. This means you simply will dial a number and be able to join in the conversation. Dial 321-842-0000 and then enter the conference ID code either 5056 or 6920 (depending on the class) followed by the # sign.

For any questions on the calendar changes and classes available in May, please contact the Cancer Support Community at 321.841.5056 or send us an email at cancersupportcommunity@orlandohealth.com. Also, we do have some video-based programs offered, like art, please contact us for information on how to attend. You can also check out our live streaming yoga classes on the Orlando Health UF Health Cancer Center's Facebook page at <https://www.facebook.com/OHCancerCenter/>

MAY 2020

- 1 Fri Cancer Support Group 11am Dial 321-842-0000 enter 5056 and #**
- 4 Mon Cancer Support Group 11am (Lake Mary) Dial 321-842-0000 enter 5056 and #
Grupo De Apoyo 11am (Spanish speakers) Dial 321-842-0000 enter 6920 and #
Music & Stress Management Class 12pm Dial 321-842-0000 enter 5056 and #
Mindfulness Based Stress Reduction* 6/8 2 pm/Adobe Connect *previous registration required**
- 5 Tue Cancer Support Group 11am Dial 321-842-0000 enter 5056 and #
Blood Cancer Support Group 3pm Dial 321-842-0000 enter 6920 and #**
- 6 Wed FIVE WISHES 10am-11am Ocoee Dial 321-842-0000 enter 6920 and #
Cancer Support Group 11am (Ocoee) Dial 321-842-0000 enter 5056 and #
Brain and Spine Tumor Support 4:30pm Dial 321-842-0000 enter 5056 and #**
- 7 Thur Cancer Support Group 11am (DPH) Dial 321-842-0000 enter 5056 and #
New Member Orientation 2pm Dial 321-842-0000 enter 5056 and #**
- 8 Fri Cancer Support Group 11am Dial 321-842-0000 enter 5056 and #**



- 11 Mon Cancer Support Group 11am (Lake Mary) Dial 321-842-0000 enter 5056 and #
Grupo De Apoyo 11am (Spanish speakers) Dial 321-842-0000 enter 6920 and #
Music & Stress Management Class 12pm Dial 321-842-0000 enter 5056 and #
Mindfulness Based Stress Reduction* 7/8 2 pm/Adobe Connect *previous
registration required**
- 12 Tue Five Wishes 9-10am Dial 321-842-0000 enter 5056 and #
Cancer Support Group 11am Dial 321-842-0000 enter 5056 and #**
- 13 Wed Cancer Support Group 11am (Ocoee) Dial 321-842-0000 enter 5056 and #**
- 14 Thur Cancer Support Group 11am (DPH) Dial 321-842-0000 enter 5056 and #
New Member Orientation 2pm Dial 321-842-0000 enter 5056 and #**
- 15 Fri Cancer Support Group 11am Dial 321-842-0000 enter 5056 and #**
- 18 Mon Cancer Support Group 11am (Lake Mary) Dial 321-842-0000 enter 5056 and #
Grupo De Apoyo 11am (Spanish speakers) Dial 321-842-0000 enter 6920 and #
Music & Stress Management Class 12pm Dial 321-842-0000 enter 5056 and #
Mindfulness Based Stress Reduction* 8/8 2 pm/Adobe Connect *previous
registration required**
- 19 Tue Cancer Support Group 11am Dial 321-842-0000 enter 5056 and #
Breast Cancer Support Group 11am-1pm 321-842-0000 enter 6920 and #**
- 20 Wed Cancer Support Group 11am (Ocoee) Dial 321-842-0000 enter 5056 and #**
- 21 Thur Cancer Support Group 11am (DPH) Dial 321-842-0000 enter 5056 and #
Five Wishes 1-2pm CSC Group Room Dial 321-842-0000 enter 6920 and #
New Member Orientation 2pm Dial 321-842-0000 enter 5056 and #**
- 22 Fri Cancer Support Group 11am Dial 321-842-0000 enter 5056 and #**
- 25 Mon Office CLOSED Due to **Memorial Day****
- 27 Wed Cancer Support Group 11am-12pm (Ocoee) Dial 321-842-0000 enter 5056 and #
Metastatic and Stage IV Cancer 11am-12:30 pm Dial 321-842-0000 enter 6920 and #**
- 28 Thur Cancer Support Group 11am-12pm (DPH) Dial 321-842-0000 enter 5056 and #
New Member Orientation 2pm Dial 321-842-0000 enter 5056 and #**
- 29 Fri Cancer Support Group 11am Dial 321-842-0000 enter 5056 and #**